

ECC CAMPS VITAL INFORMATION

This information is **VITAL** to your summer camp experience. Please read it carefully. Many of the questions that you may have regarding camp are answered right here. Please do not throw this out, as you will want to refer to it again just before camp starts.

1. THANKS -- For choosing the ECC! We fully appreciate the concerns that a parent has in deciding who should be involved in the development and education of their children. If at any point you have a problem with any aspect of our programs or any of our staff, we want to know about it. Please call the ECC office at (203) 459-9700 Ext. 103 to speak to Joel Silkoff, ECC Camp Director.

2. ECC DIRECTIONS -- From Merritt Parkway South: Take Exit 46. After the overpass bear right, go 100 yds. to the light. Take a left onto Rt. 59 Sport Hill Rd. You will reach Helen Keller Middle School on the right after approx. 2 miles. **From Merritt Parkway North:** Take exit 46 after the overpass and bear right at the end of the ramp. Make a right onto Sport Hill Rd (Rt. 59), go back over highway. You will reach Helen Keller Middle School on the right. From Danbury: Take Rt. 58 (Black Rock Turnpike) Take left onto Center Rd. At the 3rd stop sign, (5 Miles) make a right; the school is 1 Mile on left. Once you turn into Helen Keller School, follow the road, and bear left, and then right following the signs to the ECC.

3. CAMPER TIME AND PLACE OF ARRIVAL -- Campers should arrive on the first day of camp at approximately 8:30 am and at 8:45 am on all other days. Once you reach the main entrance to ECC, our ever-friendly camp staff will guide you.

Please have medical forms *fully* completed and submitted prior to your first day of camp. Once you have signed in your camper they will be escorted to the orientation area. Each week begins with a brief orientation and the introduction of the staff. Parents are welcome to stay. At this time, you may pass on any pertinent information concerning your child to his/her counselor for the week or pass on any medication to the camp medical staff.

4. LUNCH – Lunch will be served to all full day campers. This usually consists of a sandwich or pizza or other kid friendly meal, a desert and a drink. Every effort is made to provide a balanced menu and cold sandwiches are always available as an option if the chosen meal does not suit you. However, if your child is a particularly picky eater or has particular dietary needs you may wish to pack a lunch for them. **Please note our camp and facility is a nut free environment.**

5. CAMPER PICK-UP - The time of departure for half day is 12:30 PM and all full day campers is 4:00 PM. Campers depart from our central pick-up point in the ECC gym. You must come from your car to sign in your child. For safety reasons, NO camper will be allowed to walk to or from the car alone. If you're picking up between 4:00 - 4:30 PM take advantage of our "Curbside Service" by signing out from your car. Our staff will radio for your child to be safely escorted to your car for a quick getaway.

Just a warning, we have so much fun at camp ECC some kids won't want to leave!

6. CAMPER EQUIPMENT - Campers will need a small bag to carry their equipment such as sweatshirt, towel, or sports equipment as lockers are not available. Please have campers wear sneakers or closed toed shoes; no sandals or flip-flops! Any electronic devices, such as iPhones and iPads, are only to be used during free time and the ECC is not responsible for lost or broken items.

7. CAMPER PACKING LIST – What you pack depends on the camp you have chosen. It is suggested that Day Campers bring the following items each day:

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|--|--|
| <input type="checkbox"/> Extra set of sports clothes | <input type="checkbox"/> Snacks (nut free) or fill out a snack shop card |
| <input type="checkbox"/> Towel | <input type="checkbox"/> Sunscreen (to be applied at home <u>only</u>) |
| <input type="checkbox"/> Bathing suit | <input type="checkbox"/> Cold drinks in water bottle or cooler |



For more information regarding any of our programs, visit us at:

www.eastoncommunitycenter.com

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Don't forget about our special theme days! These days will change so pick up a new schedule every Monday

Monday – Get your medical forms in day (This one is for the parents)

Tuesday – T-shirt Tuesday – Bring in a white T-shirt to decorate.

Wednesday – Backwards day – Put your clothes on backwards

Thursday – University Challenge Day (wear the color assigned on Wednesday, Blue or Red)

Friday – Wacky Hat Day / Parents afternoon

8. BIRTHDAYS - If a camper's birthday falls during his/her week at camp, please let us know on the first day so that we may honor the occasion in the traditional ECC style.

9. CELL PHONES AND CALLS – While we allow cell phones at camp they are for emergency outgoing use only and campers are not to make any call or have their cell phone turned on during camp. If you wish to contact your child in an emergency please call the ECC office and we will be able to locate them very quickly.

10. ECC COOL SPOT – The ECC is a cool place to spend the summer in many ways. The building is cool with state of the art **air conditioning**, the programs are cool and the staff are of course, super cool. However for outdoor campers and even the indoor ones who wish to partake in the fun, there will be a cool spot set up throughout the summer with sprinklers and mist sprays to cool off. If campers wish to use the cool spot they should pack a bathing suit or extra clothes. Please be aware that the bathroom areas are the only changing rooms at the ECC.

Please make sure your child is protected with sunscreen to be applied by parent before arriving at camp.

11. HOMESICKNESS – Our Wanderers and Little Leader campers can be understandably anxious about their first camp. However, because of the caring and friendly atmosphere we create, we experience very few problems. However, we ask for your support. Please prepare your child for their camp experience. Our experience shows that a parent, who can be understanding yet firm, when faced with homesickness, will help their child to blossom and mature from the whole experience.

12. MEDICAL STAFF – According to State of CT guidelines the ECC camp medical staff must hold any medications presently prescribed to your son or daughter. Please send such medication property labeled, original container, not expired with an **Authorization for Administration of Medication** form so that it may be dispensed correctly. The medical staff monitors every injury however minor.

13. MEDICAL FORM - It is a State Health requirement that you submit to the camp a copy of a confidential medical form WITH IMMUNIZATION DATES before the camper enters the camp. If the camper does not have to have a medical examination and you can send us a copy of a RECENT (within last year) school medical form as long as it includes immunization dates. If you have not submitted a medical form on or before your child's first day of camp your child will **NOT** be admitted to camp (No Exceptions).

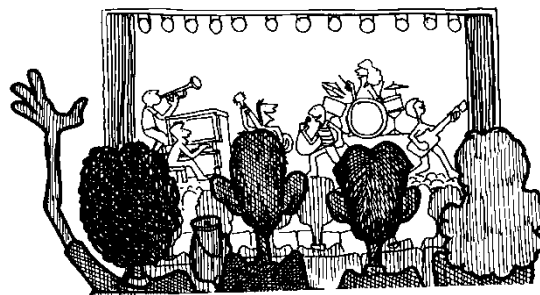
14. PAYMENTS - The final payment for your camp is due before our first day of the camp season. Refunds are made under the guidelines set out in the brochure. Full refund details may be obtained from the ECC office.

15. TIPPING - We are often asked if we allow tipping. Tipping is, of course, at your own discretion.

16. PARENTS ARE WELCOME - We feel that it is important that parents are involved in their child's camp experience. To this end, we would like to extend an invitation for you to attend a number of events during the week. Firstly, you are most welcome to attend the "Meet the Staff Orientation."

Each Friday afternoon, we would like to invite the whole family to our "**ECC Show Afternoon**" which starts at 3:30 PM. You will receive a letter on the first day of your camp giving you all the details of the "ECC Show Afternoon".

Thank you once again for choosing the ECC for your child's camp experience! We very much look forward to seeing you this summer. If you have any questions or problems concerning the camp, please **DO NOT HESITATE** to call our office at (203) 459-9700 x 103.



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