



REDDING EASTON BASKETBALL ASSOCIATION

Parent & Player Handbook

Program Guidelines & Codes of Conduct

2026-2027 SEASON

"Take the Shot"

Updated September 2026

1. Welcome to REBA

The Redding Easton Basketball Association (REBA) is pleased to offer a competitive, educational, and enjoyable basketball experience for boys and girls in grades 4 through 8 from Redding and Easton. Our mission is to enhance basketball skills while fostering teamwork, sportsmanship, confidence, and a lifelong passion for the game.

FAMILY PARTNERSHIP Players, parents, coaches, managers, and the REBA committee share responsibility for creating a positive, organized, and respectful season.

Eligible Players	Boys and girls in grades 4-8 from Redding and Easton
Season	December through March; games are generally played on weekends
Practices	Two per week, generally 60-120 minutes each
Games	Approximately 10-20 league and approved non-league games
Team Size	Target roster of 9-10 players; multiple teams may be formed when interest supports them
Uniform	A reversible uniform is purchased separately and designed for use across multiple seasons

2. Program Structure

Leagues.

1. **Grades 4-8:** Teams generally compete in the Fairfield County Basketball League (FCBL). REBA may place a team in the Milford Knights Basketball League when the committee determines that placement best supports the players.
2. **FCBL:** Teams may be classified as A, B, or C. FCBL typically schedules ten league games, and teams may schedule additional approved non-league games.

Team Formation and Evaluations

3. **Evaluation Attendance:** All players must attend the assigned evaluation session unless REBA approves an exception.
4. **Anonymous Assessment:** Players are identified by number rather than name whenever possible. Evaluators may assess ball handling, passing, shooting, movement, defense, decision-making, teamwork, effort, and coachability.
5. **Team Placement:** When multiple teams are formed, placement reflects competitive readiness, developmental needs, roster balance, and the overall interests of the program.

Coaching

6. **Competitive Teams:** Paid coaches may be selected by the REBA committee.
7. **Developmental Teams:** Qualified parent or volunteer coaches may be considered. Interested candidates should submit relevant experience to the REBA committee.

3. Player Commitment and Playing Time

8. **Attendance:** Players are expected to attend practices and games and communicate absences as early as possible. Consistent attendance supports safety, teamwork, and player development.
9. **Effort and Conduct:** Players are expected to listen, work hard, treat others respectfully, and follow team and league rules.
10. **Playing-Time Guideline:** REBA generally targets approximately 6-8 minutes per game when league rules, game conditions, attendance, conduct, effort, and player readiness allow. Coaches retain game-time discretion. Additional playing time is earned through preparation, performance, sportsmanship, and commitment.

4. Fees, Uniforms and Program Oversight

11. **FCBL Fee:** \$800 per player, covering program participation and administrative costs.
12. **Milford Knights Fee:** \$400 per player, covering program participation and administrative costs.
13. **Uniforms:** Players purchase a reversible uniform separately. The uniform design is intended to remain consistent from year to year.
14. **REBA Committee:** The committee includes parents of current or former players, representatives connected to Joel Barlow High School basketball, and Easton Community Center leadership. It works to provide a consistent, high-quality program for Redding and Easton players.

COMMUNICATION PATH Players should first speak respectfully with their coach. Parents may follow up with the coach when needed. If a concern remains unresolved, contact a Director of the REBA.

5. Player Agreement

As a REBA player, I understand and agree to the following:

15. **Respect for Teammates:** I will treat teammates with acceptance, respect, and friendship and use encouraging words.
16. **Coach's Instructions:** I will listen attentively to my coach and value instruction, even when I have a different opinion.
17. **Respectful Communication:** I will ask questions respectfully and listen carefully to the feedback I receive.
18. **Officials and Opponents:** I will treat officials and opponents with dignity and respect and will not argue with referees. Communication with officials is the coach's responsibility.
19. **Attendance:** I will attend practices and games. If I am ill, injured, or unable to attend, I will notify my coach as early as possible. When appropriate, an injured player should continue supporting and learning with the team.
20. **Effort and Behavior:** I will behave appropriately, give my best effort, hustle, defend, compete, support teammates, and follow substitution and timeout instructions.
21. **Consequences:** I understand that missed practices or inappropriate behavior toward coaches, teammates, officials, or opponents may affect playing time or result in removal from an activity or team.
22. **Playing Time:** I understand that REBA generally targets approximately 6-8 minutes per game when league rules, game conditions, attendance, conduct, effort, and readiness allow. Coaches retain game-time discretion, and additional playing time is earned.
23. **Teamwork:** I understand that basketball is a team sport and that success depends on the entire team working and playing together.

By signing, I acknowledge that I have read, understand, and agree to follow the REBA Player Agreement.

Player Name _____

Player Signature _____

Date _____

6. Parent/Guardian Code of Conduct

As the parent or guardian of a REBA player, I understand and agree to the following:

- 24. **Attendance:** I will help my player attend practices and games, arrive on time, and be ready to participate.
- 25. **Positive Encouragement:** I will encourage my child and teammates positively, including when mistakes are made.
- 26. **Respect for Coaches:** I will allow coaches to lead and will not provide sideline coaching during practices or games.
- 27. **Sportsmanship:** I will model good sportsmanship and acknowledge the efforts of both teams.
- 28. **Grace in Defeat:** I will accept defeat graciously and congratulate opponents on a game well played.
- 29. **Supportive Attitude:** I will support the team regardless of my child's playing time or the team's win-loss record.
- 30. **Role Modeling:** I will speak politely and act courteously toward players, coaches, officials, parents, opponents, spectators, and facility staff.
- 31. **Technical Foul Policy:** I understand that FCBL has a strict behavior policy. If I receive a technical foul or am removed by an official, I will not attend the next two team games. Applicable league rules may impose additional consequences.
- 32. **Playing Time:** I understand the REBA playing-time guideline and that coaches consider league rules, game conditions, attendance, conduct, effort, readiness, and performance.
- 33. **Conflict Resolution:** I will encourage my child to speak with the coach first. If clarification is still needed, I will contact the coach respectfully. If the issue remains unresolved, I will contact a REBA committee member.

I commit to upholding this code of conduct. If I fail to meet these standards, I will accept accountability and responsibility for my actions.

Parent/Guardian _____

Player Name _____

Signature _____

Date _____

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