



REDDING EASTON BASKETBALL ASSOCIATION

Coach & Team Manager Handbook

Leadership, Operations & Codes of Conduct

2026-2027 SEASON

"Take the Shot"

Updated September 2026

1. Program Overview

The Redding Easton Basketball Association (REBA) provides a competitive, educational, and enjoyable basketball experience for boys and girls in grades 4 through 8 from Redding and Easton. Our goal is to strengthen basketball skills while building teamwork, sportsmanship, confidence, and a lasting passion for the game.

REBA MISSION Develop skilled, respectful, team-oriented players while providing a positive feeder-program experience for the Redding and Easton communities.

Participants	Boys and girls in grades 4-8 from Redding and Easton
Season	December through March; games are generally played on weekends
Practice Commitment	Two practices per week, generally 60-120 minutes each
Game Commitment	Approximately 10-20 games, including league and approved non-league games
Team Size	Target roster of 9-10 players; multiple teams may be formed when interest supports them
Uniform	Players purchase a reversible uniform designed for use across multiple seasons

League Participation

1. **Grades 4-8:** Teams generally participate in the Fairfield County Basketball League (FCBL). REBA may place a team in the Milford Knights Basketball League when the committee determines that placement best supports the players.
2. **FCBL Structure:** FCBL classifies teams as A, B, or C and typically schedules ten league games. Additional non-league games may be scheduled when appropriate.

Team Formation and Evaluations

3. **Mandatory Evaluation:** All players must attend the assigned evaluation session unless REBA approves an exception.
4. **Independent Assessment:** Evaluations are conducted by independent evaluators whenever possible. Players are identified by number rather than name.
5. **Skills Considered:** Evaluators may consider ball handling, passing, shooting, movement, defense, decision-making, teamwork, effort, and coachability.
6. **Placement:** When multiple teams are formed, placement reflects competitive readiness, developmental needs, roster balance, and the overall interests of the program.

Coaching Structure

7. **Competitive Teams:** Paid coaches may be selected by the REBA committee.
8. **Developmental Teams:** Qualified parent or volunteer coaches may be considered. Interested candidates should submit relevant coaching and basketball experience to the REBA committee.

Player Commitment, Playing Time and Fees

9. **Attendance:** Players are expected to attend practices and games and communicate absences as early as possible.
10. **Playing Time:** REBA generally targets approximately 6-8 minutes per game when league rules, game conditions, attendance, conduct, effort, and player readiness allow. Coaches retain game-time discretion, and additional playing time is earned through preparation, performance, sportsmanship, and commitment.
11. **Program Fee:** \$800 per player for FCBL participation/Paid Coach and \$400 per player for Milford Knights participation/Volunteer Coach, covering program and administrative costs.
12. **Committee:** The REBA committee includes parents of current or former players, representatives connected to Joel Barlow High School basketball, and Easton Community Center leadership. The committee supports program quality, consistency, and accountability.

2. Coach Responsibilities

The head coach leads player development, team culture, practices, game preparation, and communication. Assistant coaches support the head coach and follow the same standards.

Before the Season

13. **Review Program Expectations:** Understand REBA policies, league rules, schedules, facilities, roster information, emergency contacts, and communication procedures.
14. **Set the Team Tone:** Communicate expectations for attendance, effort, sportsmanship, playing time, parent conduct, and conflict resolution.
15. **Coordinate With the Manager:** Confirm the team communication channel, availability process, schedule updates, uniform needs, and game-day logistics.

Practices and Player Development

16. **Plan Purposeful Practices:** Use age-appropriate instruction that develops fundamentals, basketball IQ, conditioning, teamwork, and confidence.
17. **Teach Constructively:** Give clear, specific feedback; recognize effort and improvement; and maintain an environment where players can learn from mistakes.
18. **Track Attendance and Readiness:** Monitor participation, injuries, behavior, and development so game decisions are informed and fair.

Game-Day Leadership

19. **Arrive Prepared:** Confirm roster, uniforms, equipment, warm-up plan, player availability, and league requirements before tipoff.
20. **Lead With Composure:** Communicate respectfully with officials, opposing teams, players, parents, and facility staff. Only coaches should address officials during games.
21. **Model Sportsmanship:** Ensure players respond to wins, losses, calls, and adversity with dignity and respect.

Safety, Communication and Accountability

- 22. **Protect Player Well-Being:** Prioritize physical and emotional safety, respond appropriately to injuries or unsafe conditions, and report concerns to REBA leadership.
- 23. **Communicate Promptly:** Share changes, expectations, and concerns in a timely, professional manner through the team manager and approved channels.
- 24. **Follow the Escalation Path:** Address team concerns calmly. When an issue cannot be resolved at the team level, contact REBA leadership.

3. Team Manager Responsibilities

The team manager serves as the primary organizational and communication link among coaches, players, parents, REBA, and the league.

- 25. **Team Communication:** Distribute accurate practice, game, arrival, location, and event information in a timely manner.
- 26. **Schedules and Availability:** Maintain the team calendar and track player availability so coaches can plan appropriately.
- 27. **Logistics:** Support roster verification, uniforms, directions, facility information, tournament details, and other approved team needs.
- 28. **Coach Support:** Help the coaching staff remain focused on instruction and player development while the manager coordinates administrative details.
- 29. **Parent Engagement:** Keep families informed, welcome appropriate involvement, and reinforce REBA expectations.
- 30. **Privacy:** Safeguard player and family information and share it only when necessary for approved team operations.
- 31. **Issue Routing:** Handle routine questions calmly and direct coaching, conduct, safety, or policy concerns to the appropriate REBA leader.

4. Coaches Code of Conduct

This code applies to all REBA head coaches and assistant coaches. Compliance is required. Violations may result in corrective action, suspension, or removal from REBA activities.

As a REBA coach or assistant coach, I commit to the following:

- 32. **Role Modeling:** I will act as a positive role model and demonstrate sportsmanship and fair play.
- 33. **Supportive Coaching:** I will create a supportive and encouraging environment that promotes team cohesion and mutual respect.
- 34. **Professional Conduct:** I will maintain a professional demeanor with players, parents, officials, opponents, facility staff, and other coaches.
- 35. **Respectful Communication:** I will communicate calmly and respectfully, including during discussions with officials, and avoid aggressive or confrontational behavior.
- 36. **Positive Environment:** I will ensure that victory and defeat are met with dignity and that my team demonstrates good sportsmanship.
- 37. **Inclusion and Respect:** I will treat every individual with respect and will not tolerate physical aggression, verbal abuse, discrimination, bullying, or inappropriate behavior.
- 38. **Constructive Instruction:** I will focus on skill development, personal growth, teamwork, and the whole player rather than winning alone.
- 39. **Adherence to Rules:** I will follow REBA policies and the applicable rules of FCBL and/or the Milford Knights Basketball League and respect league decisions.
- 40. **Health and Safety:** I will prioritize players' physical and emotional well-being and use safe, age-appropriate coaching practices.
- 41. **Substance-Free Commitment:** I will remain free from the influence of drugs and alcohol while participating in any REBA activity.

By signing, I acknowledge that I have read, understand, and agree to follow the REBA Coaches Code of Conduct.

Print Name _____

Signature _____

Date _____

5. Team Managers Code of Conduct

This code applies to all REBA team managers. Compliance is required. Violations may result in corrective action, suspension, or removal from team-manager duties.

As a REBA team manager, I commit to the following:

- 42. **Effective Communication:** I will communicate practice, game, event, and team information clearly, accurately, and on time.
- 43. **Organization:** I will maintain organized schedules, availability information, records, and logistical details.
- 44. **Supportive Leadership:** I will support the coach's mission and help foster a positive environment for players and families.
- 45. **Professional Interactions:** I will communicate respectfully and constructively with players, parents, coaches, officials, opponents, and facility staff.
- 46. **Conflict Resolution:** I will address concerns calmly and seek resolution through respectful dialogue and the appropriate REBA process.
- 47. **Respect for Policies and Decisions:** I will support and reinforce REBA policies, applicable league rules, coaching decisions, and official rulings.
- 48. **Parent Engagement:** I will encourage appropriate family involvement that supports the team's goals and culture.
- 49. **Privacy and Confidentiality:** I will safeguard personal information and share it only when necessary for approved team operations.
- 50. **Event Coordination:** I will help coordinate practices, games, team events, equipment, and facility-related details.
- 51. **Positive Role Model:** I will model sportsmanship, teamwork, accountability, and collective responsibility.

By signing, I acknowledge that I have read, understand, and agree to follow the REBA Team Managers Code of Conduct.

Print Name _____

Signature _____

Date _____